

SPORTSIOWA YOUTH BASKETBALL

TOURNAMENT RULES

PARENT/COACH/PLAYER SPORTSMANSHIP POLICY

Sportsmanship and Positive Encouragement are a huge priority at SportsIowa and we encourage everyone to be positive role models for the players and enjoy the game. We have a zero tolerance policy for coaches, parents and players who do not follow these rules. Any coach, parent or player who verbally or physically abuse, harass, belittle or haze any Official, Player or Coach will be asked to leave the facility immediately or their team will be disqualified from the tournament. There are No Exceptions.

3rd – 4th GRADE

- Two 16 Minute Halves, with 5 minute Halftime.
- Running Clock – Clock will only stop on time outs and on dead ball situations in last 1:00 min of each half. Exception: In second half if a team is ahead by more than 10 points the clock will not stop in last minute of the game.
- 3 Timeouts per team per game.
- No Stealing off the dribble outside the lane. You can steal off a pass.
- No Full Court Press.
- No Zone Defense, teams must play man-to-man defense at all times.
- Free throws will only be shot on shooting fouls, from 10' line.
- 9' Basket height will be used.
- Coaches Cannot Stand, they must be seated while the game is in progress.
- Overtime: 2:00 min running clock. No Second overtime, win goes to team that scored first in regulation if a tie breaker is needed.

5th – 6th GRADE

- Two 16 Minute Halves, with 5 minute Halftime.
- Running Clock – Clock will only stop on time outs and on dead ball situations in last 1:00 min of each half. Exception: In second half if a team is ahead by more than 10 points the clock will not stop in last minute of the game.
- 3 Timeouts per team per game.
- No Full Court Press. Exception: Teams can full court press in last 1:00 min of each half.
- No Zone Defense, teams must play man-to-man defense at all times.
- Coaches Cannot Stand, they must be seated while the game is in progress.
- Overtime: 2:00 min running clock. No Second overtime, win goes to team that scored first in regulation if a tie breaker is needed. Each team will have 1 time out in overtime.